

PATIENT HISTORY FORM

Patient Name: _____ Date: _____ Birthdate: _____

Height: _____ Weight: _____

Reason for Office Visit (briefly explain): _____

Injury/Date of Injury _____

Illness/Date Illness Began _____

Symptoms/Date symptoms began _____

Second Opinion/IME _____

1. Pain is:

in the neck in the shoulder in the arm/hand

in the back in the hip in the leg/foot

other _____

2. Pain occurs with the following frequency:

occasionally on and off all the time

throughout the day at night no difference

3. Each episode of pain usually lasts: _____

seconds minutes hours days weeks

4. Are you: Right Handed _____ Left Handed _____

Use both Equally _____

5. Pain feels like:

a dull aching sharp stabbing burning cramping

Pain location: Neck middle of low back

to Left to Right

across buttock / back

across shoulders

7. Intensity of pain (scale of 1-10: 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10)

no pain (0) mild pain (1-2)

moderate pain (3-4) severe pain (5-6)

very severe pain (7-8) worst possible pain (9-10)

8. Pain in the neck compared with arm is:

worse in the neck same less in the neck

Pain in the back compared with leg is :

worse in the back same less in the back

9. Mark the body position and /or activities that make pain better or worse:

a. Sitting better worse

b. Standing better worse

c. Walking better worse

d. Laying Down better worse

e. At night, pain is better worse

f. Coughing, Sneezing better worse

g. Straining only better worse

h. Movement better worse

i. During the day pain is better worse

j. No activity better worse

10. Any urinary or fecal incontinence? NO YES

11. Do you have foot drop or paralysis? NO YES

12. Previous tests done: Where/ when ?

MRI _____

CT Scan _____

Myelogram _____ EMG/NCV _____

Discogram _____ Bone Scan _____

13. Treatment done so far:

bed rest pain pills muscle relaxants

anti-inflammatory non-steroidals TENS unit

chiropractic physical thereapy epidural blocks

Other injections (trigger point) Back/ neck brace

decompression of nerve removal of disc

spinal fusion

14. Previous treatments have been:

unsuccessful partially successful very successful

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MEDICATIONS:

List all medication you are now taking & what they are for:

ALLERGIES:

List all medications you are allergic to and the reaction you have: _____

PAST HOSPITALIZATION / SURGICAL HISTORY:

Check any previous SPINAL surgeries and indicate the date(s) when they occurred:

- NONE Thoracic _____
 Lumbar _____
 Cervical _____

Check all OTHER surgeries: NONE appendectomy

- cardiac surgery tonsil / adenoidectomy
 wisdom teeth removal gall bladder surgery
 other orthopedic surgery thyroid surgery
 breast surgery hernia repair Cesarean section
 Other _____

PERSONAL MEDICAL HISTORY

Vision Problems: cataracts blurred vision glasses
 surgery other: _____

Hearing Problems: hearing loss hearing aid vertigo
 ringing in ears surgery other: _____

Skin Problems: rash hives lesions discoloration
 other: _____

Cardiovascular: heart attack heart failure angina / chest pain
 mitral valve prolapse irregular heartbeats

shortness of breath other: _____

Circulation/Blood flow: varicose veins leg swelling
 peripheral vascular disease blood clots high blood pressure
 low blood pressure other: _____

Respiratory: asthma bronchitis emphysema
 pneumonia COPD tuberculosis oxygen tank
 other: _____

Bowels/Intestines: cramps irritation Irritable Bowel Syndrome
 other: _____

Kidneys: dialysis renal failure renal insufficiency

kidney disease other: _____

Uterus/Prostate: BPH benign prostate enlargement

weak urine stream prostate disease cancer

fibroids other: _____

Mental problems: depression anxiety psychosis

other: _____

Brain: seizure stroke tumor cyst hydrocephalus

aneurysm headache migraines dizziness/fainting

other: _____

Pacemaker or any implanted devices

Other personal medical problems:

REVIEW OF SYSTEMS:

check items that applies to you:

Musculoskeletal / Joints: Muscular disease Arthritis

Neurological: Headaches Seizures Strokes

Metabolic: Diabetes Thyroid problems

Bleeding Disorders: Anemia Clots

Bleeding problems

Urinary: Blood in Urine Frequent Urination

Trouble Starting Urination

Trouble Stopping Urination Pain with Urination

Prostate Disease Kidney Disease

Reproductive: Infections Herpes

Venereal Disease

Gastrointestinal: Stomach Ulcers

Gallbladder Problems Pancreatitis

Colitis Blood in Stool Hiatal Hernia

Liver Disease Constipation Loss of Bowel Control

Hepatitis Jaundice

Cancer: Lung Breast / Colon / Intestinal Stomach

Prostate Skin Kidney Bone

Other Malignancy _____

Immunological Diseases: HIV Infection / AIDS

Women only: Endometriosis

Are you on the Pill? NO YES

Are you pregnant now? NO YES : due date: _____

How long ago was your last complete physical?

_____ yrs _____ months

Were there any abnormal findings? NO Yes,
describe: _____

LIFESTYLE

Do you smoke NOW? No Yes:

Packs per day: _____ for _____ years

Did you smoke in the Past? No Yes:

Packs per day: _____ for _____ years

Do you drink alcoholic beverages? No Yes:

Drinks per week: _____ for _____ years

Do you have a history of drug abuse? No Yes:

Please describe: _____

SOCIAL HISTORY:

Patient's Marital Status: Married Living common-law

Widowed Divorced Separated Single

Number of children: _____

Hobbies: _____



DEPARTMENT OF STATE HEALTH SERVICES NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

When you receive treatment or benefits from any Department of State Health Services (DSHS) facility or program, we receive, create and maintain information about your health, treatment, and payment for services. We will not use or disclose your information without your written authorization (permission) except as described in this notice.

HOW WE MAY USE AND DISCLOSE YOUR HEALTH INFORMATION

We may use and disclose your health information without your authorization for treatment, payment, and health care operation purposes. Examples include but are not limited to:

- Using or sharing your health information with other health care providers involved in your treatment or with a pharmacy that is filling your prescription.
- Using or sharing your health information with your health plan to obtain payment for services or using your health information to determine your eligibility for government benefits in a health plan.
- Using or sharing your health information to run our business, to evaluate provider performance, to educate health professionals, or for general administrative activities.

We may share your health information with our business associates who need the information to perform services on our behalf and agree to protect the privacy and security of your health information according to agency standards.

We may use or share your health information without your authorization as authorized by law for our patient directory, to family or friends involved in your care, or to a disaster relief agency for purposes of notifying your family or friends of your location and status in an emergency situation.

We may use and disclose your health information without your authorization to contact you for the following activities, as permitted by law and agency policy: providing appointment reminders; describing or recommending treatment alternatives; providing information about health-related benefits and services that may be of interest to you; or fundraising.

We may also use and disclose your health information without your authorization for the following purposes:

- For public health activities such as reporting diseases, injuries, births or deaths to a public health authority authorized to receive this information, or to report medical device issues to the FDA;
- To comply with workers compensation laws and similar programs;
- To alert appropriate authorities about victims of abuse, neglect, or domestic violence; if the agency reasonably believes you are a victim of abuse, neglect, or domestic violence we will make every effort to obtain your permission, however, in some cases we may be required or authorized to alert the authorities;
- For health oversight activities such as audits, investigations, and inspections of DSHS facilities;
- For research approved by an Institutional Review Board or privacy board; for preparing for research such as writing a research proposal; or for research on decedents information;
- To create or share de-identified or partially de-identified health information (limited data sets);
- For judicial and administrative proceedings such as responding to a subpoena or other lawful order;
- For law enforcement purposes such as identifying or locating a suspect or missing person;
- To coroners, medical examiners, or funeral directors as needed for their jobs;
- To organizations that handle organ, eye or tissue donation, procurement, or transplantation;
- To avert a serious threat to health or public safety;
- For specialized government functions such as military and veteran activities, national security and intelligence activities, and for other law enforcement custodial situations;
- For incidental disclosures such as when information is overheard in a waiting room despite reasonable steps to keep information confidential; and
- As otherwise required or permitted by local, state, or federal law.

Additional privacy protections under state or federal law apply to substance abuse information, mental health information, certain disease-related information, or genetic information. We will not use or share these types of information unless expressly authorized by law. We will not use or disclose genetic information for underwriting purposes.

We will always obtain your authorization to use or share your information for marketing purposes, to use or share your psychotherapy notes, if there is payment from a third party, or for any other disclosure not described in this notice or required by law. You have the right to cancel your authorization, except to the extent that we have taken action based on your authorization. You may cancel your authorization by writing to the privacy officer per below.

YOUR PRIVACY RIGHTS

Although your health record is the property of DSHS, you have the right to:

- Inspect and copy your health information, including lab reports, upon written request and subject to some exceptions. We may charge you a reasonable, cost-based fee for providing records as permitted by law.
- Receive confidential communications of your health information, such as requesting that we contact you at a certain address or phone number. You may be required to make the request in writing with a statement or explanation for the request.
- Request amendment of your health information in our records. All requests to amend health information must be made in writing and include a reason for the request.
- Request an accounting (a list) of certain disclosures of your health information that we make without your authorization. You have the right to receive one accounting free of charge in any twelve-month period.
- Request that we restrict how we use and disclose your health information for treatment, payment, and health care operations, or to your family and friends. We are not required to agree to your request, except when you request that we not disclose information to your health plan about services for which you paid with your own money in full.
- Obtain a paper copy of this notice upon request.

You may make any of the above requests in writing to the DSHS privacy officer or your DSHS provider's privacy office. You can reach DSHS at (512) 776-7111 or (888) 963-7111 or by email at hipaa.privacy@dshs.texas.gov To request results of lab tests performed by the DSHS lab, please call (512) 776-7318 or visit <http://www.dshs.state.tx.us/lab/patientresults.aspx>.

OUR DUTIES

We are required to provide you with notice of our legal duties and our privacy practices with respect to your health information. We must maintain the privacy of information that identifies you and notify you in the event your health information is used or disclosed in a manner that compromises the privacy of your health information.

We are required to abide by the terms of this notice. We reserve the right to change the terms of this notice and to make the revised notice effective for all health information that we maintain. We will post revised notices on our public website at www.dshs.texas.gov and in waiting room areas. You may request a copy of the revised notice at the time of your next visit.

COMPLAINTS

If you believe your privacy rights have been violated, you may file a complaint by contacting: **DSHS Consumer Services and Rights Protection/Ombudsman Office** by mail at Mail Code 2019, P.O. Box 149347 Austin, TX 78714-9347; or by telephone at (512) 206-5760 or (800) 252-8154 (toll free); and **Office for Civil Rights, Region VI, U.S. Department of Health and Human Services**, by mail at 1301 Young St., Suite 1169, Dallas, Texas 75202; or by telephone at (800) 368-1019, (214) 767-0432 (fax), or (800) 537-7697 (TDD).

For complaints about a violation of your right to confidentiality by an alcohol or drug abuse treatment program, contact the United States Attorney's Office for the judicial district in which the violation occurred.

We will not retaliate against you for filing a complaint.