PATIENT HISTORY FORM HEAD INJURY QUESTIONNAIRE

Patient Name:	Date:	Birth date:	Height	Weight:
CAUSE & DESCRIPTION OF SYMPTOMS				
General reason for Office Visit (briefly explain): Injury/Date of Injury Symptoms/Date symptoms began	IIIn	ess/Date Illness Be	egan	
Is this a Second Opinion □no □yes - specify de				
Please describe what happened – event(s) that c	caused your cu	rrent head sympto	ms. Please be	e detailed.
What caused your pain? Motor vehicle accident	□ Job Injury □	Slip/Fall □ Other		
DID YOU HAVE A MAJOR IMPACT INJURY AFI	l impact ccident	orcycle vs Car/Tru Passenger/ Pas Hit from side I mpact purpose)	ck senger ⊡ Bac From the front	
What do you believe was the speed of impact O-5 mph If you were in a vehicle, did airbags deplo If you were in a vehicle, did you have a se Did you hit your head on part of the vehic If yes, what did you hit your head on? Please provide details:	y? eat belt on? le during the ad			
 You were struck by another person Injured in a fight Domestic viol Please provide details: There was an EXPLOSION nearby What exploded? There were multiple explosions Please provide details: You were injured in a SPORTS related impact 	feet/yards	away that injured y	/ou	olice

□ Track and Field □ Other _____

Check Any Box on this Page that Applies to Your Situation

- $\hfill\square$ You were injured when your head struck a non-moving object
- \Box Your head impacted a wall or the floor
- □ Slip or Trip and Fall
- $\hfill\square$ Blacked out for some other reason and collapsed, hitting your head as you fell
- □ Walked into pole, door or building (e.g., while texting or otherwise distracted)
- □ Pulled on an object that broke loose and impacted your head
- Please provide details: ____

□ Injury while you were in a public place (for instance – a box fell on you at a store)?

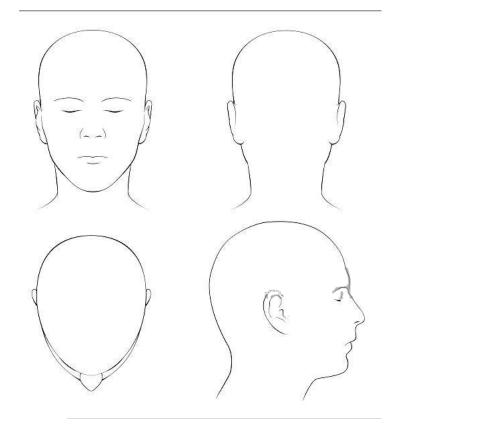
□ Injury at Work

AFTER THE EVENT THAT CAUSED THE TRAUMA:	Yes/No Y□ N□
Were you taken into Emergency Department immediately after the trauma?	
 Were you told you had bleeding or a "hematoma" in your brain? 	Y N
Did you lose consciousness (black out) at the time of injury?When did you lose consciousness?	Y
 How long did you lose consciousness for? 30 seconds □ 5 mins □ When did you regain consciousness?	
Did someone else tell you that you had a period of loss of consciousness	? Y \square N \square Not sure \square
 Were you initially dazed or confused? 	$Y \square N \square$ Not sure \square
 Was there a cut on your scalp? 	Y N
 Was there a bruise on your scalp? 	Y N
 Did you develop a bulge or bump on your head? 	Y N
 Did you find out you have a new skull fracture from the injury? 	Y N
** If a fracture or brain bleeding occurred – are there scans or X-rays?	Y N
** <u>Where</u> were the images done (which <u>hospital/imaging center</u>) an	id when:
What prior injuries have you had to your Head/Brain?	
Did you have any PREVIOUS head injury BEFORE the CURRENT injury the If yes please give the date of any PREVIOUS significant head injury (appro • what happened to cause the previous injury, • how severe were the symptoms, • were you completely better before the new CURRENT injury:	

MEDICAL CAUSE OF BRAIN SYMPTOMSYes/Noa. Did you experience a lack of oxygen?YNb. Did you experience a stroke?YNc. Do you have a Brain Tumor?YNd. Did you have a Seizure?YNe. Did you get poisoned?YN

OTHER POSSIBLE CAUSES OF YOUR BRAIN SYMPTOMS		Yes/	No
a. Are you concerned about effects of aging causing you new memory p b. Are you concerned about effects on your brain from some other disea		Y□ Y□	N□ N□
c. List any other causes/diseases/events you think might be affecting yo	u:		
HEADACHES			
Are you experiencing any headaches:		YΠ	N□
Did the headaches start or worsen after the accident/incident described	above:	Y□	N□
Were the headaches cased by the above accident?		Y□	N□
When did the headaches start?	Date:		

Please complete the following pain diagram indicating where your current headaches and/or head pains are:



Pain location caused by accident ______

Headaches occurs with the following frequency \Box occasionally \Box on and off \Box all the time

\Box throughout the day \Box	at night 🛛 no difference		
Each episode of headache usu	ally lasts:	-	
🗆 seconds 🗆 minutes 🛛	🛛 hours 🛛 days 🗆 week		
Headaches feels like: \Box a dull	l aching \Box sharp \Box stabbing	\Box burning \Box cramping \Box thr	obbing 🗆 pressure
\Box squeezing \Box dull \Box Other:_			
Intensity of headache (scale of	1-10: 1 -2 -3 -4 -5 -6 -7 - 8 -	9 – 10)	
\Box no pain (0) \Box mild pa	ain (1-2) 🛛 moderate pain (3-4)	\Box severe pain (5-6)	
very severe pain (7-8)	\Box worst possible pain (9-10)		
There is associated pain or ten	sion in the neck: $Y \Box N \Box$		
Mark the body position and /or	activities that make headaches b	petter or worse:	
Stress Bright Lights Loud Noises Sleep Deprivation Consuming Alcohol Menses Straining Coughing, Sneezing Movement Sitting Standing Walking During the day	 better worse 	At night Laying Down No activity Sleeping Medications Heat Cold Shower Rest Massage Hot Baths Reducing Stimulation	 better better worse
What associated symptoms do	you experience with your heada	iches?	
General: □nausea, □vomiting			
Provide details:			
Vision: Dblind spots Dsensitiv	rity to light Liblurred vision		
smell □arm or leg numbnes	numbness □head tingling □sen ss □arm or leg tingling □insomr	nia 🗆 drowsiness	
•	s □concentration problems □m		
Psychological: □irritability □de	epression □anxiety □mood cha	inges □attention deficit	
Any urinary or fecal incontinent		□Yes	
consist of visual symptoms such as	bur headache? INO hat usually occurs before the headache a s flashing lights, zigzag lines or blind spo	-	t 20 minutes. Most commonly, aura

Tests completed so far:

□MRI □ brain □ other – specify and provide date(s)	
location (name of facility) D	Do you have the CD of the MRI \Box no \Box yes
\Box CT Scan \Box brain \Box other – specify and provide - date(s) _	
location (name of facility) Do you	
Other scans/ images	
□ X-rays □ DTI scan □other (specify)	
Treatment done so far:	
□ Medications	
Over the counter medications	
Name of medication(s):	For how long
Start date: End date:	On-going: □no □yes
Did it help: □no □yes - □mild relief □moo	derate relief □great relief
Pain medications Name of medication(s):	For how long
Start date: End date:	On-going: □no □yes
Did it help: □no □yes - □mild relief □moo	derate relief □great relief
Muscle relaxants Name of medication(s):	For how long
Start date: End date:	
Did it help: □no □yes - □mild relief □moo	derate relief
Anti-inflammatory non-steroidals Steroids Name of medication(s):	For how long
Start date: End date:	On-going: □no □yes
Did it help: □no □yes - □mild relief □moo	derate relief □great relief
Nerve altering medications (e.g. antidepressants o Name of medication(s):	
Start date: End date:	On-going: □no □yes
Did it help: \Box no \Box yes - \Box mild relief \Box mod	derate relief □great relief
Headache/ migraine specific medications (e.g. tript Name of medication(s):	,
Start date: End date:	-
Did it help: □no □yes - □mild relief □moo	
☐ Other medications:	-
Name of medication(s):	For how long
Start date: End date:	On-going: □no □yes
Did it help: □no □yes - □mild relief □moo	derate relief □great relief

Chiropractic treatments Name of chiropractor/ facility name:
How many visits: For how long: □Weeks □Months □Years
When did you start going there? When did you stop going there?
Is your treatment still on-going? □no □yes
Did it help: □no □yes - □mild relief □moderate relief □great relief What modalities were used to treat you?
□Adjustments □stretching □active range of motion □passive range of motion
\Box decompression/traction \Box activator \Box TENS/interferential unit \Box massage \Box dry needling
□acupuncture □other
Physical therapy Name of physical therapist / facility name:
How many visits: For how long: □Weeks □Months □Years
When did you start going there? When did you stop going there?
Is your treatment still on-going? □no □yes
Did it help: □no □yes - □mild relief □moderate relief □great relief What modalities were used to treat you?
\Box stretching \Box active range of motion \Box passive range of motion \Box decompression/traction
\Box TENS/interferential unit \Box massage \Box dry needling \Box acupuncture \Box aquatic therapy
□other
□ Cognitive therapy and/or □ Psychotherapy Name of therapist / facility name:
How many visits: For how long: □Weeks □Months □Years
When did you start going there? When did you stop going there?
Is your treatment still on-going? □no □yes
Did it help: □no □yes - □mild relief □moderate relief □great relief Describe your treatment progress?
Injections Name of provider or facility where injection was done:
Type of injection: \Box epidural \Box facet block \Box nerve block \Box joint injection \Box median branch block
□radiofrequency ablation □trigger point □Other pain procedure (specify)
Location: □back of head □sides of head □cervical spine □other joint □other cranial nerves □other (specify) Date of injection(s)
Number of injections: Did it/they help: □no □yes - □mild relief □moderate relief □great relief

Specifiy	which	injection	helped	and fo	r how	long:

□ Other treatment(s)

Specify: _____

PROBLEMS WITH MEMORY

There are three general types of memory.

- Long term recall: (change in what you can usually recall from the past)
- New memory formation; (recall of events of the past 5 to 15 minutes)
- Immediate memory: (recall of the beginning of a sentence as you finish saying it)

Forgetting the Past? Questions Below Ask What Kind Of Memories are Affected: A. LONG TERM MEMORY

	Yes/No	Getting wors
Do you have difficulty:		
1. Naming popular songs from years ago?	Y□ N□	
2. Remembering the words to those songs?	Y□ N□	
3. Remembering the names of artist or group?	Y□ N□	
4. Remembering major life events such as weddings, and birthdays?	Y□ N□	
5. Remembering names of family members, co-workers, students, and long-term friends?	Y□ N□	
6. Remembering names of people you were introduced to in the past week or two?	Y□ N□	
7. Remembering faces of family members, co-workers, students, long term friends?	Y□ N□	
8. Remembering faces of people you were introduced to in the past week or two?	Y□ N□	
9. Remembering places and objects? Can you visualize buildings and landmarks?	Y□ N□	
10. Remembering locations- where an event took place and name of the location?	Y□ N□	
11. Remembering time when an event occurred: For instance, weeks versus years in the past?	Y□ N□	
12. Remembering which of two recent events happened first?	Y□ N□	
13. Check the box if you had very good memory before the injury		
 14. Check the box <u>if you have</u> <u>forgotten:</u> □ how to use a computer, □ how to use a cell phone, or □ how to operate a car? 		
B. MEMORY FORMATION	Yes/No	Getting worse
15. Do you forget what was just said on a phone call right after the call ends:	Y□ N□	
16. Do you forget instructions someone just gave you:	Y□ N□	
17. Do you frequently forget what you intended to do or get when you go to another room in your home?	Y□ N□	
18. Do you forget where you left your keys just moments after placing them down?	Y□ N□	
C. IMMEDIATE MEMORY		
19. Do people tell you that you keep repeating yourself?	Y□ N□	
20. When you ask a question, are you told that you just asked the same	Y□ N□	
question a few moments ago?		
21. Do you frequently lose track of what you are saying?	Y□ N□	
22. Do you forget what you were saying at the beginning of a sentence by the time you get to the end of the sentence:	Y N	

You may provide further details about your memory problems here:

PROBLEMS WITH SPEECH AND WORDS

A. F	LOW AND CONTENT OF SPEECH		
~~	Word Finding and Word Use	`Yes/No	Getting worse
23.	Do you have a difficult time finding the word you need to say?	Y N	
24.	, , ,	Y N	
25.	Do you accidentally say nonsense words	Y□ N□	
	Abnormal Flow of Speech		
26.	Do you find yourself speaking slow, fast, or varying speed as you talk	Y□ N□	
27.	Do you say words or parts of sentences out of order so that the sentence	Y N	
c	loesn't make sense?		
28.	Do you have a new onset of Stuttering or Slurred Speech?	Y N	
29.	If you are bi-lingual, are both English and a second language affected?	Y N	
Β. ι	INDERSTANDING OF SPEECH		
30.	Do you have difficulty remembering the meaning of words said to you?	Y N	
31.	Do you have difficulty understanding what someone is telling you?	Y N	
32.	Do you have difficulty understanding and/or responding to questions?	Y N	
33.	If you are bi-lingual are both English and a second language affected?	Y□ N□	
C F	READING		
	Do you have difficulty recognizing words when you are reading?	Y□ N□	
35.		Y NO	
	Are you unable to keep your ATTENTION on sentences so you can understand	Y N	
	vhat you just read?		
	Do you have a difficult time remembering what you have just read?	Y N	
	If you are bi-lingual are both English and a second language affected?	Y N	
00.			
d. V	VRITING		
39.	Do you have a difficult time remember how to write words?	Y□ N□	
40.	Are there major changes in the way your signature looks?	Y N	
41.	Have you lost the ability to type without looking at the keyboard?	$Y\square N\square$	
42.	If you are bi-lingual are both English and a second language affected?	Y□ N□	
Var	may provide further details about your appears and word finding problems have		
rou	may provide further details about your speech and word finding problems here:		

THOUGHT PROCESSES/COGNITION

COGNITIVE (THINKING) SKILL	Yes/No	Getting worse
43. Multi-Step Planning: Do you have a difficult time planning multiple routine tasks, such	nY□ N□	
as making a recipe or complex work tasks? For instance, get bread, peanut butter, jam	۱,	
a knife and a plate so you can make a sandwich?		
44. <u>Multi-Tasking</u> : Do you have a difficult time carrying out more than one task at the	Y□ N□	
same time, and or have a difficult time keeping multiple tasks organized, or "pick		

up where you left off" in a task?		
45. Are you able to proficiently switch attention from one task to another?	Y N	
46. Are you able to work on more than one task at a time?	Y N	
47. <u>Attention</u> : Are you able to maintain focus on a multi-step process? For instance, making a sandwich, writing out instructions, reading the paper, watching a movie,	Y N	
and listening to what someone is trying to tell you?		
48. <u>Poor Concentration</u> : Do you find that you can't focus your mind on a single task?	Y□ N□	
49. <u>Mental Fog</u> : Do you feel that your thoughts are cloudy or slowed?	Y□ N□	
NAVIGATION		
50. Map Based Planning: Are you having difficulty figuring out what turns you will need to make to travel a familiar route (such as from home to your usual grocery stor	Y□ N□ e)	
51. Are you having difficulty getting from one place to another without using a	Y□ N□	
navigation app on your phone?		
52. Do you have a difficult time remembering which aisle things are at your local grocery store that you always go to?	Y□ N□	
SIMPLE MATH		
53. Since the accident, have you started to have a difficult time calculating a tip?	Y N	
54. Since the accident, have you started to have difficulty calculating the cost of Items that you are picking up at the grocery store?	Y N	
ATTENTION DEFICIT		
55. Since the accident, have you started to require medication to be able to focus stead on any one problem?	dily Y□ N□	
You may provide further details about your thought process and cognition problems here	э:	

ABNORMALITIES OF EMOTION/PERSONALITY

EXCESS ANGER	Yes/N	lo Gef	tting worse	
56. Do you feel une	explained anger, irritation, frustration or lack of patience with others?	YΠ	N□	
57. Do you feel unex	plained intensity of anger? For example, you become furious	ΥĽ] N□	
over a very minor	issue.			
B. DECREASED EMO	DTIONS			
	ense a of lack of your usual emotional response? For example,	YΠ	N□	
-	excitement, or dislike in reacting to things.			
59. Do you feel a lo	oss of emotional drive? No interest in starting or doing anything?	Υ□	N□	
60. Do goals and p	otential rewards not activate you into action.	Υ□	N□	
C. DEPRESSION				
61. Do you feel an	unexplained sadness or a hopelessness?	Υ□	N□	
62. Do you have cr	ying spells without obvious cause?	Υ□	N□	
63. Have you had t	houghts of harming yourself?	YΠ	N□	
64. Do you have a	severe sense of fatigue (tiredness)?	Υ□	N□	
D. ANXIETY		Yes/N	lo Get	ting worse
65. Do you feel exc	cessively anxious about things, worried about what will happen next?	Υ□	N□	
66. Do you feel ner	vousness (generally "on edge" – thrown off by minor noise or inputs)?	? Y□	N□	
67. Do you have re	estlessness, unable to settle down and relax?	YΠ	N□	

E. D	ECREASED SOCIALIZING		
68.	Do you feel that you don't want to be around other people?	Y N	
69.	Do you feel that you don't want to communicate with those around you?	$Y\square N\square$	
F. 0	THER CHANGES IN EMOTION & PERSONALITY		
70.	Do you have poor judgment (make many decisions you later feel you got wrong)?	$Y \square N \square$	
71.	$ (1. Do you have decreased libido (decreased interest in sex)? Y \square N \square $		
72.	72. Do you have rapid changes in mood? $Y \square N \square$		
73.	73. Do you have personality changes (seem like a different person)? $Y \Box N \Box$		
I	n what way?		
_			
74.	Are you more emotional now?	$Y \square N \square$	
75. Are you unable to tolerate stress?		Y□ N□	
76. Do you experience sudden flashbacks – recalling a dangerous situation and Y□ N□ being put abruptly into fear and panic?			
77.	Have you been told you have PTSD – Post-Traumatic Stress Disorder?	$Y\square N\square$	
You	may provide further details about your emotions and personality problems here:		

SENSORY PROCESSING PROBLEMS

SEN	SENSITIVITY TO LIGHT Yes/No Getting worse				
78.	Do you feel uncomfortable until the lights are dimmed?	Y□ N□			
79.	Do you find that bright lights are intolerable?	Y□ N□			
В. Р	ROBLEMS WITH VISION				
80.	Are you are experiencing blurry vision?	$Y\square N\square$			
81.	Do you find that you cannot recognize routine objects you may look at?	$Y\square N\square$			
82.	Do you have double vision?	Y□ N□			
C. P	ROBLEMS WITH SOUND/HEARING				
83.	, , , , , , , , , , , , , , , , , , ,	Y□ N□			
	Do you have tinnitus/ringing in your ears?	Y□ N□			
	Are you uncomfortable unless things are very quiet?	Y□ N□			
	Do you have hearing loss?	Y□ N□			
87.	Are you able to hear that someone is talking but can't recognize the sound?	Y□ N□			
D. P	ROBLEMS WITH TASTE OR SMELL				
88.	Do you have loss of the sense of smell/unable to detect odors?	Y□ N□			
89.	Do you notice odd unexplainable odors that others cannot detect?	Y□ N□			
90.	Do you have loss of the sense of taste?	Y□ N□			
91.	Do you notice odd unexplainable tastes?	Y□ N□			
DIZ	ZINESS/BALANCE PROBLEMS				
A. L	GHT HEADEDNESS	Yes/No	Getting worse		
92.	Do you feel like you are about to faint when you get up?	Y□ N□			
93.	Do you suddenly feel like you are going to faint for no reason?	Y□ N□			
B. S	PINNING ROOM				
94.	Does the room appear to be spinning when you move a certain way?	$Y\square N\square$			
95.	Does the room appear to be spinning for no obvious reason?	Y□ N□			

C. FLOOR MOVEMENT			
96. Does the floor or an object seem to be coming up at you or moving abnormally?	Y□	N□	
97. Do you suddenly start to feel the floor is moving for no obvious reason or	Y□	N□	
when you move a certain way?			
D. BALANCE PROBLEMS		Yes/No	Getting worse
98. Do you have difficulty walking?	Y□		
99. Do you have a tendency to fall?	Υ□		
100. Have you had numerous falls?		N 🗆	
101. Do you have problems going up and down steps?	Y□		
TOT. Do you have problems going up and down steps?	ΤШ		
E. GAZE PROBLEMS			
102. When you look up or to the side, does it make you feel dizzy?	Υ□	N□	
You may provide further details about your dizziness, balance and sensory problems he	ere:		
8. PROBLEMS WITH SLEEP			
A. INSOMNIA (Decreased Sleep)			
103. Do you have difficulty falling asleep (insomnia)?	Y□	N□	
104. Do you have difficulty staying asleep?	Y□	N□	
B. INCREASED SLEEPINESS	V□		
105. Do you have an increased sleep requirement (hours per night)?	Υ□	IN 🗀	
C. SNORING			
106. Are you being told that you are Snoring?	Y□	N□	
You may provide further details about your sleep problems here:			
ABNORMAL MOVEMENT			
A. TREMORS OR SHAKING	Yes/	No Gettin	ig worse
107. Are you experiencing tremors/shaking or other uncontrolled movements?	Y□		
108. Do you have tremors/abnormal movements that start suddenly for no reason?	Y□	N□	
109. Do you have tremors/abnormal movements that start when you reach	Y□	N□	
for something?			
B. SEIZURES			_
110. Have you been told you are having seizures?	Υ□		
111. Have you been told you suddenly shake severely, fall, and lose consciousness?	Υ□	N□	
112. Have you noticed part of your body having prolonged repetitive motions?	Υ□	N□	
C. STARING FITS			
113. Have you been told you are having staring episodes?		N□	
114. Have you been told that you pause, stare, did not move, or did not respond to people around you for a few moments:	Υ□	N□	

You may provide further details about your movement problems here:

HORMONAL DYSFUNCTION (HYPOTHALAMIC/INTAKE) worse

Yes/No Getting

115. Do you have frequent nausea /vomiting?	Y N	
116. Do you have rapid/excessive weight increase?	$Y \square N \square$	
117. Do you have rapid/excessive weight loss?	$Y \square N \square$	
118. Are you unable to tolerate any alcohol?	Y□ N□	
119. Are you experiencing excess hunger?	Y□ N□	
120. Are you experiencing loss of appetite/Anorexia?	$Y \square N \square$	

You may provide further details about your hormonal problems here:

Other information related to medical and head injury/ symptoms history:

DISCLAIMERS

☐ THIS BOX MUST BE CHECKED.

I confirm that the information given above is correct to the best of my knowledge. I have read and understood the contents of this form and I take full responsibility for the information given above. I have had the opportunity to ask questions regarding the Patient History Form. By signing my name electronically on this form, I am agreeing that my electronic is the legal equivalent of my manual signature.

Х		
Signature of Patient or Personal Representative	Date	Verified by Physician/Nurse/ Medical assistant
If you have been assisted in filling out the questions a	above, please	provide name and signature below:
Name : Date :		Signature :
copy of this notice if requested.	vices Notice of vill be used and	Privacy Practices (version effective September 1, d disclosed. I understand that I am entitled to receive a
Signature of Patient or Personal Representative	Date	Name (& Description of Personal Representative
MEDICAL RELEASE OF INFORMATION: I hereby authorize <u>Texas Center for Neurosciences</u> <u>Remi Nader, MD</u> , to release any Medical Information to any insurance or third party payor, any other person representative of local, state or federal agencies in ac audit, utilization reviews, quality assurance reviews, of X	n (from my me on or entity fina ccordance with	dical and other records) required to process my claim ancially responsible for my care/ treatment, any h the law, for the purpose of conducting a medical
Signature of Patient or Personal Representative	Date	Name (& Description of Personal Representative

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Signature of Patient or Personal Representative

Х

Date

Name (& Description of Personal Representative)